

SEPTEMBER IS SUICIDE PREVENTION & RECOVERY MONTH

Suicide Prevention & Recovery Drive Thru Event



Join Fresno County Department of Behavioral Health and the Central Valley Suicide Prevention Hotline for our drive thru resource event!

Saturday,
September 5th, 2020
9:00am to 11:00am

Central High School East
3535 N Cornelia Ave,
Fresno, CA 93722

Mental Health resource kits will include:

- Local Resources
- Mental Health Guides
- Fun Self-Care Activities

Individually-packaged kits will be available in English, Spanish and Hmong. This is a drive thru only event. Care packages will be handed out using personal protective equipment following public health guidelines.



Pain Isn't Always Obvious

**KNOW
THE SIGNS**

Suicide Is Preventable



Department of
Behavioral Health