

**2018 High Desert Mental Health Summit**  
*Bringing Communities Together to Build Paths of Hope*

May 9, 2018  
 8:30 am – 4:30 pm  
 Apple Valley Conference Center  
 14975 Dale Evans Pkwy, Apple Valley, CA

**AGENDA**

<b>Registration</b> <span style="float: right;"><b>7:30 – 8:30 am</b></span>		
Distribute packets, ID badge, sign-in for CEUs		<i>Foyer</i>
Continental Breakfast / Coffee / Tea Service		
<b>Exhibits / Sharing Tables</b>		
St. Mary Community Health, SB County Behavioral Health, Star Walk-in Crisis Center, IEHP, SELPA (?), NAMI, St. John of God, Victor Community Support Services, Moses House Ministries, Family Assistance Program, DMCC, Each Mind Matters		
<b>Summit Welcome/Opening</b>		<b>8:30 am</b>
Alan Garrett, President and CEO, St. Joseph Health St. Mary Lorrie Denison, (need title) Community Leader		
<b>Keynote</b>		<b>9:00 am</b>
Dr. Clayton Chau, MD, PhD		
<b>Current State in the High Desert: MH data, needs</b>		<b>9:30 am</b>
Deputy Director Georgina Yoshioka, San Bernardino County Behavioral Health		
<b>Living in Extremes: Being Bipolar</b>		<b>10:00 am</b>
Alejandra (Alex) K. Drew and Rosa Ramirez		
<b>BREAK</b>		<b>10:30 am</b>
<b>Exhibits / Sharing Tables / Networking / Community Building</b>		
<b>Stigma Reduction &amp; Awareness</b>		<b>11:00 am</b>
Joseph Robinson, Program Manager, Each Mind Matters		
<b>Mental Health and Technology: Telepsych</b>		<b>11:30 am</b>
Dan Castillo, President/COO Aligned Telehealth		
<b>LUNCH</b>		<b>12:00 – 1:00 PM</b>
Lunch Provided (Panera Bread Box Lunch) Exhibits / Sharing Tables		
<b>BREAK-OUT SESSIONS</b>		<b>1:00 – 2:00 PM</b>
Select 1 session (see room location listed below)		
<b><u>CHILDREN/YOUTH</u></b>	<b><u>ADULTS</u></b>	<b><u>ELDERLY</u></b>
Location: Panel: Dr. Ronald Powel; Dr. Teresa Etheridge	Location: Panel: Dr. K. Dunning; Dr. Brian King;	Location: Panel: Dr. Cordula Dick-Muehlke; Nancy Hirst; Jennifer Schlesinger
<b>BREAK</b>		<b>2:15 PM</b>
<b>Exhibits / Sharing Tables</b>		

## ST. JOSEPH HEALTH, ST. MARY

<b>TABLE TOPICS / WORLD CAFÉ (20 tables)</b> <span style="float: right;"><b>2:30 PM</b></span>		
Rotate to 3 Table Topics (8 people per table + 1 facilitator); Discuss topic for 10 minutes; Scribe to write down insights, concerns/needs, ideas, resources, etc. Table Facilitators to report back input/feedback.		
<ul style="list-style-type: none"> <li>* Access to Quality Care/Treatment</li> <li>* Adverse Childhood Experiences</li> <li>* Community Programs/Services</li> <li>* Crisis Response</li> <li>* Cultural Competency</li> <li>* Dementia/ Alzheimer's</li> </ul>	<ul style="list-style-type: none"> <li>* Faith Communities</li> <li>* Homelessness</li> <li>* Incarceration</li> <li>* Inpatient Care</li> <li>* LGBTQ</li> <li>* Maternal Mental Health*</li> </ul>	<ul style="list-style-type: none"> <li>* MH Parity = Insurance Coverage</li> <li>* Psychological First Aid</li> <li>* Schools</li> <li>* Stigma</li> <li>* Suicide Prevention</li> <li>* Substance Abuse</li> <li>* Veterans &amp; Military Families</li> </ul>
<b>Closing: Hope &amp; Synergy</b> <span style="float: right;"><b>3:45 – 4:15 PM</b></span> Presenter: Dr. Brian King		
<b>Closing: Call to Action</b> <span style="float: right;"><b>4:15-- 4:30 PM</b></span> Presenter: Robert Lovingood		

**PURPOSE STATEMENT:**

The purpose of this High Desert Mental Health Summit is to convene and create a community of key stakeholders, advocates, service providers, and leaders who are catalyst for change. The aim is to work together on collective actions to address the challenges, enhance existing services and programs, and explore opportunities.

**SUMMIT OBJECTIVES:** By the end of this Summit, participants will be able to:

1. Examine current county and local data on mental/behavioral health in the High Desert and San Bernardino County.
2. Provide a foundation for the understanding of Brain Health.
3. Create awareness of the stigma of mental illness.
4. Provide opportunity for networking and collaboration for local stakeholders in the High Desert.

**TARGET AUDIENCE:**

Mental Health Professionals and Service Providers; Healthcare Providers/Hospital Caregivers, Community Leaders & Advocates; Faith Community Leaders; School/Colleges/University administrators, faculty, and counselors; Law Enforcement and Probation;

**PROGRAM SPONSORS:**

Inland Empire Health Plan  
 Kaiser Permantee?  
 Choice Medical Group

**PLANNING COMMITTEE MEMBERS:**

Gloria Peak, Kevin Mahany, Ernelyn Navarro, Rosa Ramirez, Sommer Hail, Lina Enciso, Alexandra Hazandrea, Jonathan Portillo, Katrina Juat, Clayton Chau