



Asian Coalition

With help, there IS hope.



Meeting Time: January 31, 2018, 10:00-12:30pm

Location: Asian Youth Center

100 West Clary Avenue, San Gabriel, CA 91776

Due to limited space, RSVP is required!

To RSVP, go to <https://cantruong.eventbrite.com>

Join us for a Film Screening of “Can” by Pearl J. Park

“Can” is one of the 1st documentary films shot over a 3.5 year period intimately portraying the experience of a Vietnamese American family impacted by mental illness. This film follows a Vietnamese American man, who was diagnosed with bipolar disorder and post-traumatic stress disorder (PTSD).

Can Truong, a war refugee who was among the millions of boat people who fled Vietnam in the 1970's, was a model student— aspiring to become a doctor, when he was diagnosed with depression and bipolar disorder. After years of unsuccessfully trying conventional medical treatments for his mental illnesses, Can becomes involved in the mental health consumer movement, a social and political effort by individuals labeled with mental illnesses, who believe in recovery through self-determination and peer support. Inspired by his peers, he embarks on a healing journey of a different kind — trying to reconcile cultural differences with his very traditional Confucian father and attempts to make sense of his childhood wounds. He serves as a volunteer on numerous mental health organizations that promote recovery and explores spiritual and holistic healing modalities. To learn more about the film, go to amongourkin.org.



Asian Coalition’s Mission: We are an association of individuals dedicated to mental health advocacy through providing a place for community dialogue and education & bringing resources together for members to develop a better understanding of the mental health system on all levels. As a coalition, we are committed to bringing more awareness to untold stories of adversity and resilience affecting the various Asian & Pacific Islander American (APIA) communities in Los Angeles County. At our meetings, **we carry the message of hope, wellness, recovery, and self-determination.** We welcome anyone interested in learning more about the mental health system of Los Angeles County & how it affects the APIA communities and the general community-at-large.

Vision& Goals: The Asian Coalition is committed...

- To **providing a supportive environment** for individuals who seek general and culturally relevant mental health resources and services related to the APIA communities.
- To **sharing personal stories of hope& resilience.**
- To **educating the community** about the value of various mental health services, community support groups & alternative therapies available.

