Mentally, is there anything worrisome or concerning?

Individuals depicted are photography models and are for illustrative purposes only.

Funded by counties through the voter-approved Mental Health Services Act (Prop. 63).

Do you have any concerns or worries?

Individuals depicted are photography models and are for illustrative purposes only.

KNOW THE SIGNS

• Tell a trusted friend or family member
• Call 1-800-273-8255 for immediate support
• Your privacy is protected

If you notice any of these signs, please contact your local community mental health services.