

Santa Clara County Behavioral Health Services Department

Esperanza Self-Help Center Presents

Fighting Stigma

SAVE THE DATE!!!

Law **Foundation** OF SILICON VALLEY

Thursday, May 4th, 2017

12:00 P.M. – 1:00 P.M.

Chris Vu, *Peer Advocate*

Mental Health Advocacy Project (MHAP)

This is a space to discuss stigma as mental health consumers.

In this interactive presentation, we will:

- ◆ Define stigma from a consumer's point-of-view
- ◆ Break down myths
- ◆ Address ways to fight stigma
- ◆ Share stories and lived experiences,
- ◆ *and most importantly, empower each other!!!*

WORKSHOP LOCATION

Esperanza Self-Help Center

1235 First Street

Gilroy, CA 95020-4733

Phone 1 (408) 852-2460

Website www.sccmhd.org



SANTA CLARA COUNTY
Behavioral Health Services

Supporting Wellness and Recovery