



Dear Community Partner,

We are a seven-member volunteer workgroup representing the Chinese American community throughout California. We are excited to announce that we have come together to provide insight and guidance to develop a new and exciting mental wellness tool for the Chinese community as part of Each Mind Matters: California's Mental Health Movement. The goal of the new resource is to reduce mental health stigma and discrimination in the Chinese community across the state.

With the support of two community based organizations, the Chinese Community Health Resource Center located in San Francisco and APAIT in Los Angeles, we are successfully launching this new material in both Simplified and Traditional Chinese languages. We believe this could be a useful tool for the Chinese community you serve. We hope you will share these materials at your office, community events and fairs or at any event your organization may participate in.

Thank you for your support!

Sincerely,

The EMM Chinese Strategic Council Members

Valerie Jackson, PEERS Consultant

Paul Lam, Sunset Mental Health Services

Gladys Lee, LCSW Consultant and former Director of Asian Pacific Family Center

Mary Ninh, Asian Pacific Community Counseling Transcultural Wellness Center

Colleen Wong, Southeast Child Family Therapy Center

Diana Wong, Chinatown Child Development Center

Larry Yang, Columbia University Medical Center/PEERS Consultant

And the California Mental Health Services Authority

