

The Viewpoint discrimination survey in England – the extent of discrimination faced by mental health service users in England

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Overview of presentation

- Background to Viewpoint
- Methods and interviewers
- Results
 - DISC-12
 - RGUK
- Conclusions

Background

- Joint research project – IoPPN & McPin
- Evaluation of Time to Change
- INDIGO (Thornicroft et al 2009) and Stigma Shout (Rethink 2008)
- Determine changes in overall discrimination and by the area of life in which discrimination is experienced, since TTC began and over the first year of its second phase (2011-12)

Methods

- Separate samples of mental health service users were interviewed annually from 2008 to 2012 using the Discrimination and Stigma Scale
- In 2011 and 2012, social capital was also measured using the Resource Generator-UK

The interviewers

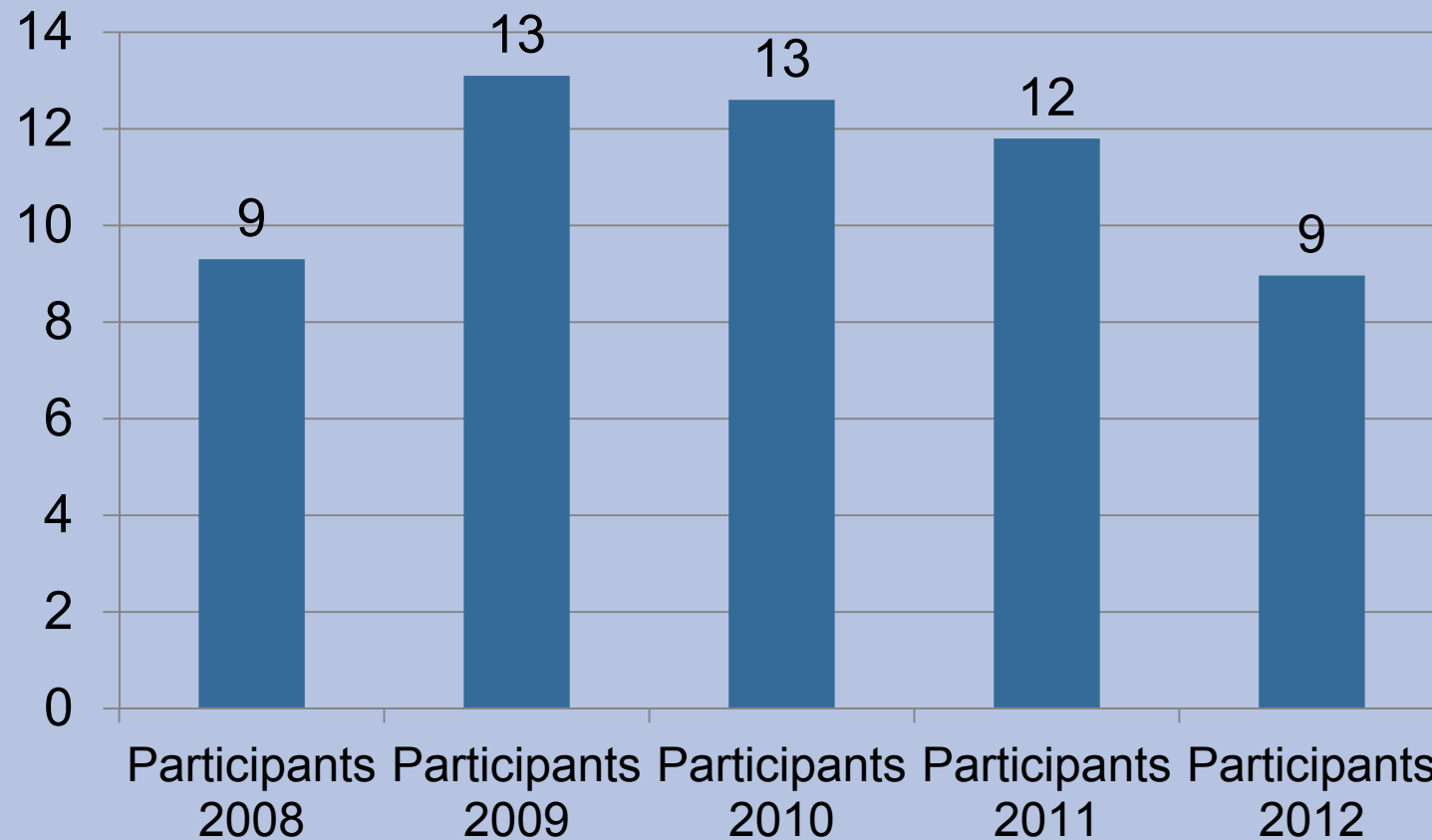
- Vast majority have lived experience of MH problems
- Fully trained, supervised and paid members of team
- Route back into employment and education



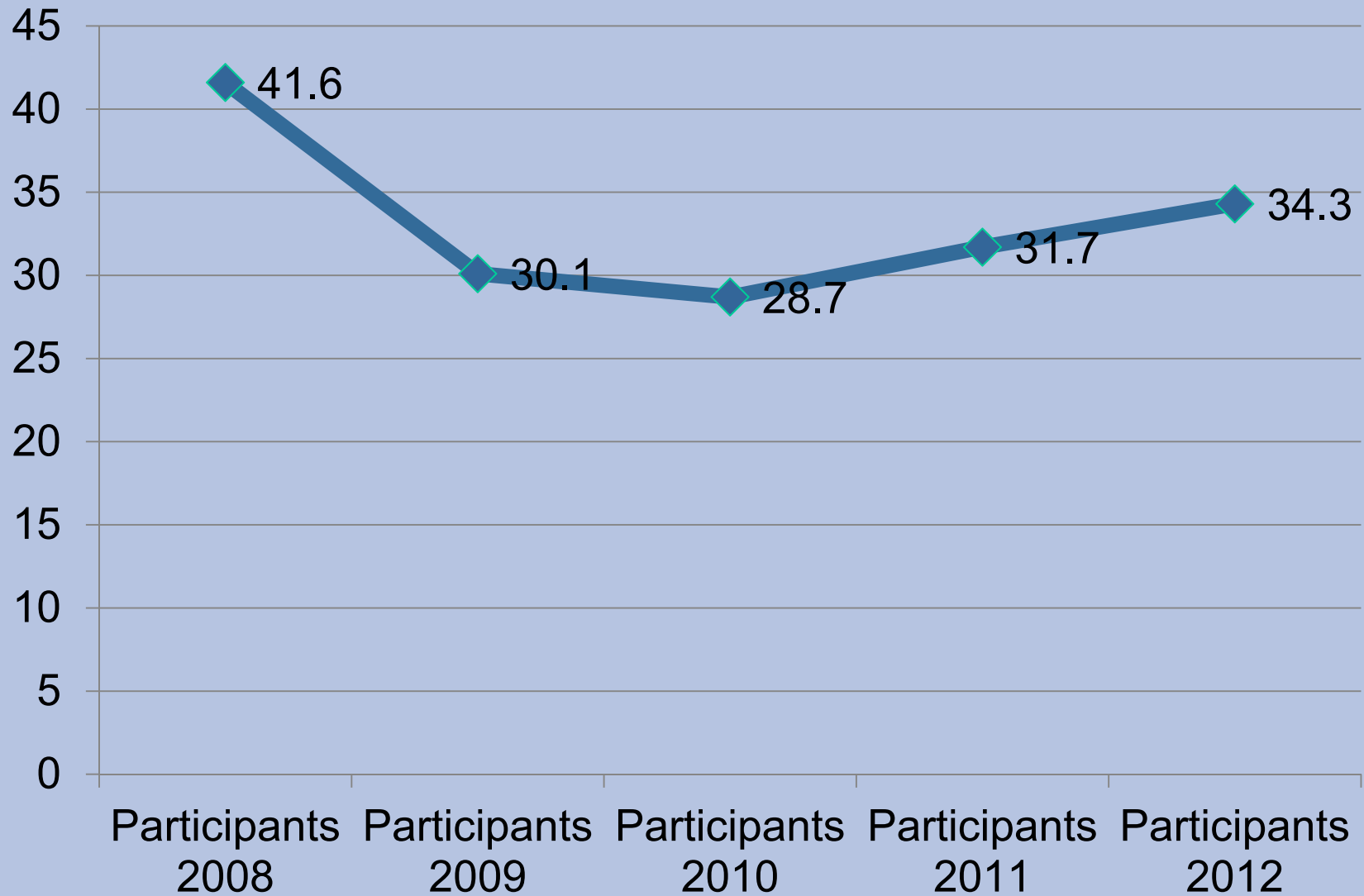
Survey tool

- Discrimination and Stigma Scale, DISC 12 (Thornicroft et al)
- Experienced discrimination (21 life areas and 'other')
- Anticipated discrimination (4 life areas)
- Overcoming stigma and discrimination
- Resource Generator UK from (Webber) from 2011

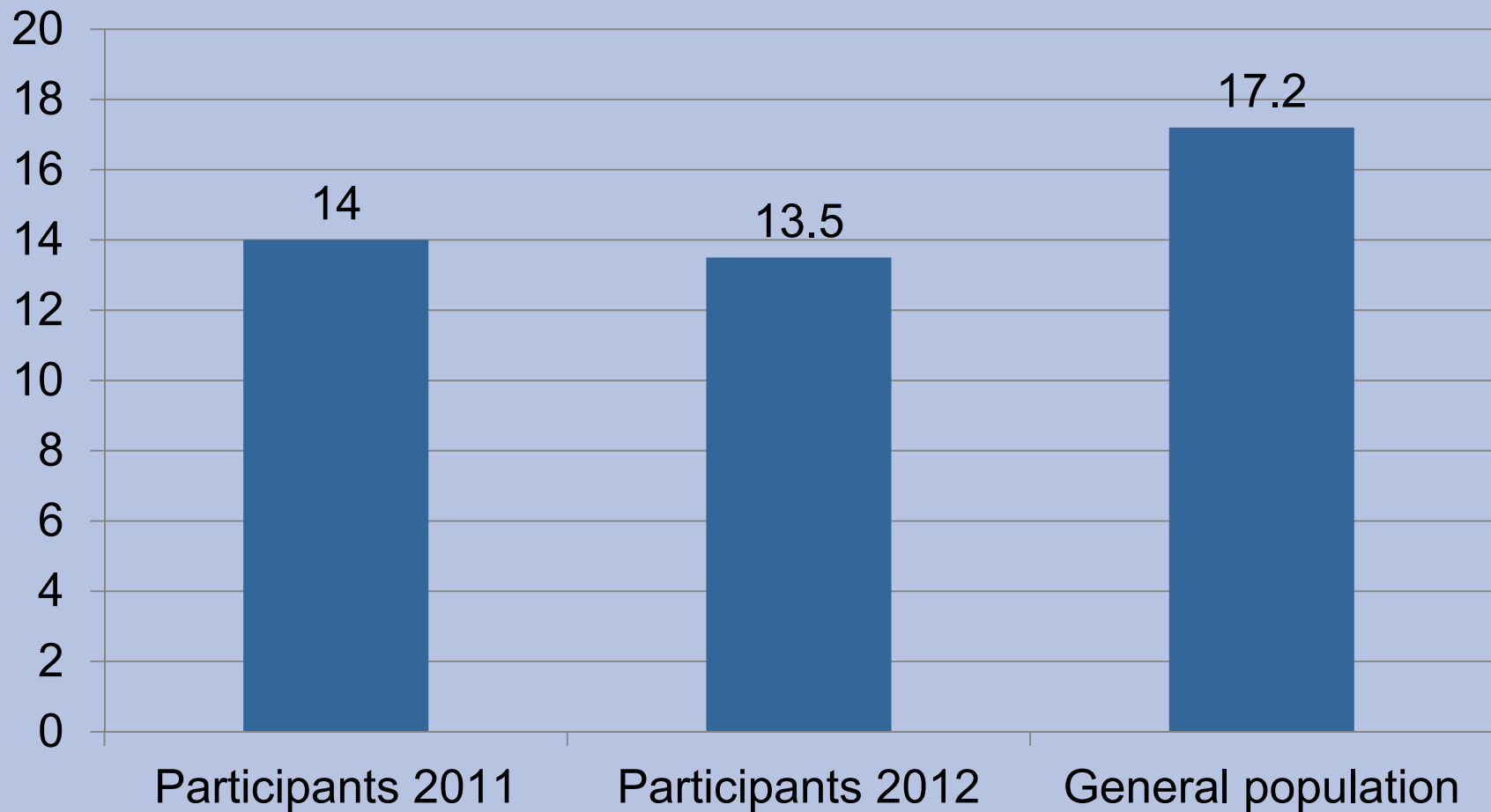
Percentage of participants free from discrimination



Results: overall discrimination



Resource Generator UK



Conclusions

- Overall level of discrimination across the life areas studied has fallen over 2008-12
- No evidence that more people using mental health services experience no discrimination
- Economic austerity, welfare benefits source of discrimination